

# Substance Abuse Resources

## Alameda County

Primarily for Pregnant Women and Parents with Children

November 2008

This is not meant as an exhaustive list of resources.

Prepared by Alameda Department of Public Health's Perinatal Services.

For more information or to make changes, call (510) 208-5980.

### OUTPATIENT/DAY TREATMENT

| Name   | Address  | Phone   | Services   | Eligibility   | Languages              | Contact   |
|--|--|---|--|---|------------------------|---|
| Alameda Medical Center - Highland Hospital Substance Abuse Program | 1411 E. 31 <sup>st</sup> Street,<br>1 <sup>st</sup> Floor<br>Oakland, CA 94602 | (510) 437-5192<br>(510) 437-5137<br>Fax: 261-3112                     | Individual and group counseling, group treatment for recovery, relapse prevention, random drug testing, parenting classes, anger management classes, acupuncture, childcare, and case management services. | Pregnant and parenting women, Medi-Cal or free  | English, Spanish       | Naomi Bagby, Clinical Coordinator;<br>Gloria Jenkins, Chief   |
| BAART 14 <sup>th</sup> Street Clinic                               | 1124 International Blvd.<br>Oakland, CA 94606                                  | (510) 533-0800<br><br>Fax: 533-0300                                   | Methadone maintenance, counseling  | Pregnant and parenting opiate addicted women, 18 years and up, Medi-Cal, private pay, sliding scale | English, Spanish, Mien | Katy Wengrofsky, Intake Counselor;<br>Stephen Sootr, Clinical Administrator   |
| BATS (Berkeley Addiction Treatment Services)                       | 2975 Sacramento St.<br>Berkeley, CA 94702                                      | (510) 644-0200<br>Fax: 644-2044<br><br>5:30 a.m. –<br>12:45 p.m., M-F | Methadone maintenance, weekly individual counseling, prenatal education, urine testing and monitoring of prenatal care.  | 18 years and up, Medi-Cal or private pay, sliding scale   | English, Spanish,      | Lakia Lawson, Intake Coordinator;<br>Matonia Williams, Executive Director;<br>Frank Stagers Jr., M.D., Medical Director |

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|--|---|--------------------------------------|--|---|---------------------------|---|
| HAART Oakland  | 10850 MacArthur Blvd.<br>Oakland, CA 94605    | (510) 875-2300<br>Fax: 875-2310      | Methadone maintenance, weekly individual counseling, monitoring of medical care (prenatal).  | Pregnant, opiate addicted women welcome, 18 years of age and up. Must have Medi-Cal or pay \$365.00/month         | English, Spanish          | Chris Sobky, Executive Director; Gordon Raskin, M.D., Medical Director                                      |
| HAART Hayward  | 20094 Mission Blvd.<br>Hayward, CA 94541      | (510) 727-9755<br>Fax: 727-9761      | (Same as above)  | (Same as above)   | English, Bosnian, Spanish | Chris Sobky, Executive Director; Eric Miller, Associate Director; Thomas Pendergast, M.D., Medical Director |
| Latino Commission on Alcohol and Drug Abuse of Alameda County- Mujeres Con Esperanza | 3315 International Blvd.<br>Oakland, CA 94601 | (510) 536-4764<br>Fax: 536-4766      | Individual, group, family counseling, recovery treatment and planning, crisis intervention, educational activities, cooperative childcare. | Pregnant or parenting women & children. MediCal or Sliding Scale. Won't refuse services if client can not afford. | English, Spanish          | Mary Cordova, Program Manager; Maria Verdugo, Executive Director  |
| SAACS (Successful Alternative for Addiction & Counseling Services) Inc.              | 795 Fletcher Lane<br>Hayward, CA 94544        | (510) 247-8300<br><br>(510) 247-8295 | Pregnant and parenting opiate addicted women. Methadone maintenance and 180 day detox. Medi-Cal, private pay and sliding scale.            | Pregnant & parenting women and their children.  | English, Spanish          | Searle Alfaro, Clinical Supervisor; Raymond McMurray, Executive Director                                    |

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|--|---|--|---|---|---------------------------------|---|
| Second Chance - Women's Phoenix Program                  | 4673 Thornton Ave. Ste. P., Fremont, CA 94544 | (510) 792-4357 (HELP)<br>Fax: 745-1693   | Individual and group counseling (i.e. parenting, abstinence, self-awareness, spiritual growth, co-dependency, relapse prevention), info. and referral, childcare on site.   | Pregnant or parenting women & their children. MediCal, Sliding Scale, or free | English, Spanish, sign language | Marge Bettis, Program Coordinator;<br>Mark McConville, Executive Director   |
| Solid Foundation-Women's Center                          | 4778 International Blvd. Oakland, CA 94621    | (510) 533-5317<br>M thru Th 9-5,<br>Friday 9-8 p.m.<br><br>Fax: (510) 533-4314<br><br>Fax (main office): (510) 482-6493. | Individual/group counseling, HIV testing, relapse prevention, NA/AA meetings, substance abuse education, parenting/prenatal education, random drug testing.   | Pregnant and parenting women and their children. MediCal or Sliding Scale.    | English                         | Kimberly Williams, Intake Coordinator;<br>Minnie Thomas, Executive Director |
| West Oakland Health Council, Inc. – Options for Recovery | 700 Adeline St. Oakland, CA 94607             | (510) 433-1500, Ext. 30<br>Fax: 433-1526.  | Individual and group counseling (i.e. recovery dynamics, relapse prevention, women's support, anger management, spirituality, relationships, goals), parenting education, case-management, urinalysis, health assessments, transportation assistance nutrition, outings. Approx. 10 months, plus continuing care. | Pregnant or parenting women & their children. MediCal or Sliding Scale.       | English                         | Henry Horn, Program Director  |

## RESIDENTIAL TREATMENT

| Name                                    | Address  | Phone                           | Services   | Eligibility  | Languages | Contact   |
|---|--|---------------------------------|--|--|-----------|---|
| Bi-Bett – Orchid                        | 1342 E. 27 <sup>th</sup> Street<br>Oakland, CA 94606 | (510) 535-0611<br>Fax: 535-1358 | Peer oriented, social model recovery program, individual and group counseling, generally 6-18 month stay, adjacent transitional living facility.   | Pregnant or parenting women and children (birth to 5 ½ yrs. of age), 18-beds.  | English   | Susan Cinelli<br>Exec. Director   |
| Horizon Services -Chrysalis             | 3845 Telegraph Ave.<br>Oakland, CA 94609             | (510) 655-3520                  | 6-month residential program only, individual and group counseling, relapse prevention, no capacity for children.   | Single women; pregnant women accepted but need to be referred to another program before delivery. MediCal, sliding scale, or private insurance | English   | Darlene Mitchell,<br>Program Director; Keith Lewis,<br>Executive Director |
| Magnolia Women's Recovery Program, Inc. | 682 Briergate Way<br>Hayward, CA 94544               | (510) 487-2910<br>Fax: 487-2916 | Individual and group counseling. Parenting classes, anger management, relapse prevention, education classes re: Hep C, HIV, etc. Physical exam by resident physician. Average length of stay: 6 months (or as needed). | Pregnant or parenting women up to 2 months post partum with infant, then referred to transitional housing. MediCal or private pay.             | English   | Vicki Lockett,<br>Program Director; Linda Stewart,<br>Executive Director  |

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|--|--|---|--|---|------------------|---|
| East Bay Community Recovery Project /Project Pride | 2551 San Pablo Ave.<br>Oakland, CA 94612 | (510) 446-7150<br>or 446-7151.<br>Fax: (510) 832-0626 | Individual and group counseling, psychotherapy, nutrition & life skills education, parenting classes, abuse survivors group and anger management groups, AOD education, outings, children's learning center onsite | Pregnant and parenting women and their children (0-6 yrs. of age), custody of children not required, California Dept. of Corrections Rehabilitation (CDCR), 16 beds for perinatal clients, 24 beds for CDCR | English          | Laura Ducharme, Intake; Luther Jessie, Division Director; Joan Zweben, Executive Director |
| Solid Foundation-Keller House                      |  | (510) 533-5317<br>Fax: 482-6493                       | Individual and group counseling (self-esteem, time management, self-reflection, parenting/prenatal education, relapse prevention, NA/AA groups, HIV testing.)  | Pregnant/parenting mothers w/infants, children. Women 18 yrs. and up, 12 – 18 month program commitment, TB test required. MediCal, Sliding Scale/Private Pay.   | English          | Joyce Crosby, Intake; Minnie Thomas, Executive Director                                   |
| Solid Foundation-Mandela I                         |  | (510) 533-5317<br>Fax: 482-6493                       | (Same as Keller House above)   | (same as above)   | English          | Joyce Crosby, Intake  |
| Solid Foundation-Mandela II                        |  | (510) 533-5317<br>Fax: 482-6493                       | (same as above)  | Pregnant and parenting women , children accepted ages 2-3. TB test prior to program entry. Sliding Scale.   | English          | Joyce Crosby, Intake  |

## SELF-HELP ORGANIZATIONS

| Name  | Address  | Phone  | Services  | Eligibility                                  | Languages        | Contact                              |
|---|--|--|---|--|------------------|--------------------------------------|
| Alcoholics Anonymous Central Office (serving Alameda & West Contra Costa) | 295 27 <sup>th</sup> St., Oakland, CA 94612<br><a href="http://www.eastbayaa.org">www.eastbayaa.org</a>            | (510) 839-8900 office and hotline<br><br>(510) 233-6048 Spanish-speaking groups  | Mutual self-help program for alcoholics; contact for group locations and times, some groups are specifically for women and some have childcare.                     | Desire to stop drinking; free                | English, Spanish | Volunteer                            |
| Alcoholics Anonymous-Valley (serving East Alameda County)                 | 7000 Village Parkway, Suite 5<br>Dublin, CA 94568  | (925) 829-0666 Hotline<br><br>(925) 829-3160 Office  | Mutual self-help program for alcoholics; contact for group locations and times; some groups are specifically for women and some have childcare.                     | Desire to stop drinking; free                | English, Spanish | Volunteer                            |
| Al-Anon   | 17259 Hesperian Blvd.<br>San Lorenzo, CA 94580   | <b>(510) 276-2270</b> Hayward, Oakland, Fremont, Union City, South County<br><b>(510) 528-4379</b> Berkeley-Richmond<br><b>(925) 277-7661</b> Tri-Valley | Mutual self-help program for relatives and friends of alcoholics; some meetings especially for teens; others for adult children of alcoholics; some have childcare. | Relatives and friends of alcoholics; free    | English, Spanish | Volunteer                            |
| Cocaine Anonymous of San Francisco  | <a href="http://www.norcalca.com">www.norcalca.com</a>   | (415) 821-6155   | Mutual self-help program for cocaine addicts; contact for group locations and times; check to see if there are groups currently in Alameda County.                  | Desire to stop all mood-altering drugs; free | English          | Volunteer; female contacts available |
| Marijuana Anonymous of the East Bay                                       | MA District 2<br>PO Box 20484<br>Oakland, CA 94620<br><a href="http://www.madistrict2.org">www.madistrict2.org</a> | (510) 287-8873 answering machine   | Mutual self-help program for marijuana addicts; contact for group locations and times; some meetings are open to families and friends.                              | Desire to stop all mood-altering drugs; free | English          | Volunteer                            |

| <b>Name</b>   | <b>Address</b>   | <b>Phone</b>  | <b>Services</b>  | <b>Eligibility</b>                           | <b>Languages</b> | <b>Contact</b> |
|---|--|---|--|--|------------------|----------------|
| Narcotics Anonymous of the East Bay                                   | PO Box 40079<br>Berkeley, CA 94704<br><a href="http://www.naalamedacounty.org">www.naalamedacounty.org</a>                             | (510) 444-4673  | Mutual self-help program for addicts; contact for group locations and times; some meetings are for women only. | Desire to stop all mood-altering drugs; free | English          | Volunteer      |
| Nar-Anon Family Groups (serving Alameda/Contra Costa, Marin counties) | 22527 Crenshaw Blvd.<br>#200B, Torrance, CA 90505<br><a href="http://www.naranoncalifornia.org/">http://www.naranoncalifornia.org/</a> | <b>(510) 496-2708</b><br>Alameda County<br><br><b>(415) 292-3241</b><br>SF & Marin Counties | Self-help program for relatives and friends of addicts.  | Relatives and friends of addicts; free       | English          | Volunteer      |

### HOTLINES

| <b>Name</b>   | <b>Address</b>                                      | <b>Phone</b>                     | <b>Services</b>   | <b>Eligibility</b>                       | <b>Languages</b>                                  | <b>Contact</b>   |
|---|---|----------------------------------|---|--|---|--|
| ACCESS Alameda County Behavioral Health Care-Mental Health and Substance Abuse Services | 1900 Embarcadero Cove<br>Ste 208, Oakland, CA 94606 | 1 (800) 491-9099<br><br>24 hours | Screening and referral for adults, adolescents and children with mental health and substance abuse problems.  | Resident of Alameda County               | English, Spanish, translation for other languages | Intake worker who is a licensed mental health professional |
| National Clearinghouse for Alcohol and Drug Information                                 | P.O. Box 2345<br>Rockville, MD 20847                | 1 (800) 729-6686<br>24 hours     | Trained information specialists answer questions re: alcohol and substance abuse prevention, intervention, and treatment, and are trained to handle crisis calls. | Serves anyone, 24-hours/day, 7 days/week | English, Spanish, TDD                             | Information Specialists who answer the line                |

**OTHER COMMUNITY REFERRALS**

| <b>Name</b>                   | <b>Address</b>                                  | <b>Phone</b>  | <b>Services</b>   | <b>Eligibility</b>  | <b>Languages</b>   | <b>Contact</b>                   |
|-------------------------------|---|---|---|---|--|----------------------------------|
| Eden Information and Referral | 570 B Street<br>Hayward, CA 94541               | <b>Toll Free (888)<br/>886-9660</b><br>Outside Alameda<br>County<br><br><b>OR</b><br><b>Dial “211”</b><br>Alameda County<br><br><b>(510) 537-2710</b><br>Office | Free confidential information and referral services about low cost housing, emergency shelter, and over 1270 social services agencies; collect calls accepted | Serves all of Alameda County  | English,<br>Spanish,<br>Cantonese  | Volunteer<br>and/or staff        |
| Public Health Clearinghouse   | 1000 Broadway<br>Suite 500<br>Oakland, CA 94607 | 1-888-604-INFO<br>or 1-888-604-4636   | Provides information and referrals to health-related services of Alameda County.  | Alameda County residents seeking referrals to health-related services | English and Spanish speaking staff , 100+ languages through translation services | Community Health Outreach Worker |